

## Introduction

MERCY Malaysia is a **non-profit international non-government organization** (INGO) that focuses on providing medical relief, sustainable health-related development and risk reduction activities for vulnerable communities in crisis and non-crisis situations, both locally and internationally.

MERCY Malaysia Sabah Chapter was established in 2003 to provide primary health care services for the communities of Sabah. The Chapter has conducted more than 100 mobile outreach clinics in Sabah. The Chapter also conducts disaster relief response in the state. In 2009, Intervention Group for Alcohol Misuse (IGAM) under the umbrella of MERCY Malaysia was set up due to concerns over alcohol consumption in the indigenous population of Sabah. This group organizes alcohol-related harm awareness workshops in Sabah to encourage people to consume alcohol in low risk quantities so that communities can achieve a better quality of life. The Chapter is continuously committed to serve the community of Sabah.

### Who will be joining the trek?

Volunteers with a collection of RM600.00 and above will be entitled to join the Salt Trail Challenge (STC).

### What is Salt Trail Challenge (STC)?

Salt Trail Challenge is a trekking event that will be organized on the 21<sup>st</sup> May 2016 at the Crocker Range National Park. The Salt Trail Challenge will be divided into 2 categories:

- 1) Inobong Substation - Kg Terian (18km)
- 2) Inobong Substation - Kg Terian - Kg Buayan - Kg Terian (25.5km)

Participants will be entitled to an event t-shirt, finisher t-shirt for 25.5km, a medal upon completion of the trek, certificate of participation, food and accommodation during Salt Trail Challenge. Details will be provided in the participant's information leaflet. On 22<sup>nd</sup> May 2016, participants will trek back to Inobong Substation.

*For Lost & Found cards - Kindly return to the following address:*

MERCY Malaysia Sabah Chapter (Reg No. 1155)  
Lot No 2, 1<sup>st</sup> Floor, Fortuna Commercial Centre, Mile 2 ½, Penampang Road,  
88200 Kota Kinabalu, Sabah  
Tel: 088-27 2667 HP: 019-311 6182 / 019-268 2789



### Trek & Raise Funds 3

Date: 21<sup>st</sup> - 22<sup>nd</sup> May 2016

Organized by MERCY Malaysia

Supported by Sabah Parks, PACOS Trust &  
Sabah Amateur Radio Society (SARS)

### Objective

The objective of Trek & Raise Funds 3 is to support the activities organized by MERCY Malaysia Sabah Chapter.

### How will the donation be collected?

This fundraising is an initiative among volunteers of MERCY Malaysia, Sabah Parks, PACOS Trust and SARS. Volunteers will collect donation from members and friends only.

Name: \_\_\_\_\_

NRIC: \_\_\_\_\_

Nominee for STC: \_\_\_\_\_

- In the event the card is lost, the bearer of the card will be penalized RM600.00
- Please return this card to MERCY Malaysia Sabah Chapter's office not later than **31<sup>st</sup> March 2016**
- All donations to MERCY Malaysia are tax-deductible (tax-exempted receipts will be emailed to you)

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